



Saint Xavier Winter Swim Clinic 2012

Register online: www.saintx.com/swim or call 634-2131

The Saint Xavier Coaching Staff is excited to present our "Swim Clinic" for the winter of 2012. This clinic will be open to all swimmers ages 5 – 13, and will provide an atmosphere for the young swimmer to learn about all areas of competitive swimming. The clinic will be taught by our outstanding and experienced coaching staff here at Saint Xavier. In addition to our staff, stroke demonstrations and additional instruction will be provided by enthusiastic swim team members who are currently involved in the program. **Highlights** of the Winter Clinic include: stroke development for all four competitive strokes, starts, and turns, learning how to race, and having fun in the water. There is *limited* space for this clinic, and all **ten** sessions **SOLD OUT** last year, so register today. Below is some additional information:

Day: Saturday (10 Classes)
 Cost: **\$165.00** (Before: December 1st) **\$175** (After: December 1st)
 (includes: Nike Saint Xavier Swimming Day in the cost) T-shirt & *Race*

Location: Saint Xavier High School

Times: **Session I:** 9:00 – 10:00 a.m.
Session II: 10:00 – 11:00 a.m.
Session III: 11:00 a.m. – 12:00 p.m.

Dates: January 14th January 28th February 11th March 3rd March 17th
 January 21st February 4th February 18th March 10th March 24th



Day: Tuesday & Wednesday (19 Classes) **NEW this Winter!**
 Cost: **\$295.00** (Before: December 1st) **\$305.00** (After: December 1st)
 Times: **Session IV:** 5:30 – 6:30 p.m.

Dates: January 10th January 24th February 7th February 28th March 13th
 January 11th January 25th February 8th February 29th March 14th
 January 17th January 31st February 14th March 6th March 20th
 January 18th February 1st February 15th March 7th

To register for the clinic & pay by credit card, simply go to: www.saintx.com/swim
Questions: Contact Head Coach Todd Larkin (Email: larkint@saintxfac.com) 634-2131
Public registration will begin online: Tuesday, November 1st



See you at !